

Nightingale Program

A specialist nurse-led support and palliative care service promoting choice, wellbeing and forward planning.

Available free of charge throughout South Australia for people living with advanced dementia, their families and carers.

What we provide

We provide strategies and advice to support people living with advanced dementia, their families and care providers.

The Nightingale Program offers:

- specialist nursing advice
- family education
- clinical and emotional support
- consultation
- individual care coordination.

National Dementia Helpline
1800 100 500



For language assistance
call **131 450**

Find us online
dementia.org.au



Dementia Australia supports people of all ages living with all forms of dementia, their families and carers. Contact us for more information on our programs and services.



Nightingale Program

Advanced dementia care and family support



How we help

We use a person-centred approach.

We help develop care strategies, enabling people living with advanced dementia to:

- stay at home longer and maximise their independence
- promote quality of life and positive relationships
- have a voice in their future care options and decision-making
- avoid unnecessary presentations to acute hospital settings.

We can provide clinical advice about:

- pain management
- delirium
- co-morbidity management
- palliative care.

Benefits of the Nightingale Program include:

- specialist, comprehensive nursing assessment and advice
- identifying current issues, anticipating changing needs
- referrals to other service providers as needed
- continuity of care, offering a single point of contact for guidance
- consultation in developing advance care directives for future health care needs
- education and emotional support for family and carers.

The program supports people living in:

- residential homes
- residential aged care
- community settings.

