

Dementia in Australia

2026-2054 Dementia Prevalence Data Estimates and Projections – Young onset dementia

Young onset dementia (diagnosed under the age of 65)

This prevalence data estimates and projections is research commissioned by Dementia Australia undertaken by the Australian Institute of Health and Welfare .

For more information about Dementia Australia prevalence data and the methodology go to **Dementia facts and figures** → or go to dementia.org.au/about-dementia/dementia-facts-and-figures

Dementia Advocates request when using these figures to please use '**living with dementia**' and avoid the use of the words 'sufferers' or 'suffering from'.

No matter where you are. No reason too small. No issue too big. You don't need to have a diagnosis of dementia to call. No time is too late to call the **National Dementia Helpline** on **1800 100 500**.

Australia – Young onset dementia

In [redacted] there are an estimated [redacted] people living with young onset dementia. This figure is projected to increase to an estimated [redacted] with a projected percentage change of [redacted]

Source: Dementia Australia (2023) Dementia Prevalence Data 2024-2054, commissioned research undertaken by the Australian Institute of Health and Welfare

National Dementia Helpline **1800 100 500**

Find us online dementia.org.au



For language assistance
call **131 450**

State and Territory – Young onset dementia

Australian Capital Territory (ACT)

In **2026** there are an estimated **430** people living with young onset dementia. This figure is projected to increase to an estimated **650 by 2054** with a projected percentage change of **51%**.

New South Wales (NSW)

In **2026** there are an estimated **9,200** people living with young onset dementia. This figure is projected to increase to an estimated **12,800 by 2054** with a projected percentage change of **39%**.

Northern Territory (NT)

In **2026** there are an estimated **240** people living with young onset dementia. This figure is projected to increase to an estimated **360 by 2054** with a projected percentage change of **50%**.

Queensland (QLD)

In **2026** there are an estimated **5,900** people living with young onset dementia. This figure is projected to increase to an estimated **8,300 by 2054** with a projected percentage change of **41%**.

South Australia (SA)

In **2026** there are an estimated **2,100** people living with young onset dementia. This figure is projected to increase to an estimated **2,300 by 2054** with a projected percentage change of **10%**.

Tasmania (TAS)

In **2026** there are an estimated **700** people living with younger onset dementia. This figure is projected to remain at an estimated **700 by 2054**.

Victoria (VIC)

In **2026** there are an estimated **7,400** people living with young onset dementia. This figure is projected to increase to an estimated **11,550 by 2054** with a projected percentage change of **56%**.

Western Australia (WA)

In **2026** there are an estimated **2,900** people living with young onset dementia. This figure is projected to increase to an estimated **4,250 by 2054** with a projected percentage change of **47%**.