

# Dementia in Australia

## 2026-2054 Dementia Prevalence Data Estimates and Projections – Young onset dementia

### Young onset dementia (diagnosed under the age of 65)

This prevalence data estimates and projections is research commissioned by Dementia Australia undertaken by the Australian Institute of Health and Welfare .

For more information about Dementia Australia prevalence data and the methodology go to **Dementia facts and figures** → or go to [dementia.org.au/about-dementia/dementia-facts-and-figures](https://dementia.org.au/about-dementia/dementia-facts-and-figures)

Dementia Advocates request when using these figures to please use **‘living with dementia’** and avoid the use of the words ‘sufferers’ or ‘suffering from’.

No matter where you are. No reason too small. No issue too big. You don't need to have a diagnosis of dementia to call. No time is too late to call the **National Dementia Helpline** on **1800 100 500**.

### Australia – Young onset dementia

In \_\_\_\_\_ there are an estimated \_\_\_\_\_ people living with young onset dementia. This figure is projected to increase to an estimated \_\_\_\_\_ with a projected percentage change of \_\_\_\_\_

**Source:** Dementia Australia (2023) Dementia Prevalence Data 2024-2054, commissioned research undertaken by the Australian Institute of Health and Welfare

National Dementia Helpline **1800 100 500**

Find us online **[dementia.org.au](https://dementia.org.au)**



For language assistance  
call **131 450**

## State and Territory – Young onset dementia

### Australian Capital Territory (ACT)

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In **2026** there are an estimated **430** people living with young onset dementia. This figure is projected to increase to an estimated **650 by 2054** with a projected percentage change of **51%**.

### New South Wales (NSW)

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In **2026** there are an estimated **9,200** people living with young onset dementia. This figure is projected to increase to an estimated **12,800 by 2054** with a projected percentage change of **39%**.

### Northern Territory (NT)

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In **2026** there are an estimated **240** people living with young onset dementia. This figure is projected to increase to an estimated **360 by 2054** with a projected percentage change of **50%**.

### Queensland (QLD)

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In **2026** there are an estimated **5,900** people living with young onset dementia. This figure is projected to increase to an estimated **8,300 by 2054** with a projected percentage change of **41%**.

### South Australia (SA)

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In **2026** there are an estimated **2,100** people living with young onset dementia. This figure is projected to increase to an estimated **2,300 by 2054** with a projected percentage change of **10%**.

### Tasmania (TAS)

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In **2026** there are an estimated **700** people living with younger onset dementia. This figure is projected to remain at an estimated **700 by 2054**.

### Victoria (VIC)

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In **2026** there are an estimated **7,400** people living with young onset dementia. This figure is projected to increase to an estimated **11,550 by 2054** with a projected percentage change of **56%**.

### Western Australia (WA)

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In **2026** there are an estimated **2,900** people living with young onset dementia. This figure is projected to increase to an estimated **4,250 by 2054** with a projected percentage change of **47%**.